

### Contact:

09 5766551 or 0800733843  
info@ewr.org.nz  
PO Box 51326, Pakuranga

### Office Locations:

East & South Auckland

### Programme Facilitators:

Serena Corless  
Zoe Dunster  
Huia Swann



Eastern Refuge Society  
A Ministry of Justice  
approved provider.

### Privacy

The privacy and safety of your whanau/family is of the utmost importance. Any information you provide will be kept confidential.

The only exception to this is where safety concerns are identified. This will be fully explained during the initial meeting.

### Complaints Procedure:

If you have any concerns regarding the programme's content or delivery, please follow these steps:

1. Contact Eastern Refuge Society by phone to discuss your concerns.
2. Put your concerns in writing via email or post. You can expect a reply within 7 working days.



## Mana Tamariki



Supporting tamariki/  
children in healing from  
their experience of  
whanau/family violence.

Free for tamariki/children under the  
entitlements of a protection order.

## Programme Objectives

Help tamariki/children to:

### Learn

- Ways to keep safe.
- How to respond to difficult & unsafe situations.

### Understand

- Begin to understand & develop healthy ways of expressing emotions.
- Triggers and how they contribute to actions.
- Make meaning of whanau/ family violence experiences.

### Build

- Self-confidence.
- Support networks.

### Improve

- Social skills and interpersonal relationships.

### Strengthen

- Whanau/family, parent, child, & sibling relationships.

Whanau/family violence affects tamariki/children in many different ways and can impact on the different aspects of their lives and development.

## A unique tamariki/childrens programme

This unique MoJ programme is designed to help children aged 5 to 16 years in making meaning of their whanau/family violence experience, learn ways of keeping themselves safe, and to assist them in the healing process so they can move forward in a positive direction.

### Preparation

You will be invited to an initial meeting to talk through your child's needs where an understanding of your child's experience will be explored. The appropriateness and readiness of your child to attend a safety programme will also be considered.

## What is involved in the programme

### Activities

Play is the work of a child. This is a child focused programme that will be tailored to your child's needs and interests. Activities may include:

- Sand tray and symbols
- Clay
- Paint
- Drawing and art materials
- Stories
- Worksheets
- Interactive materials
- Food and cooking

### Parents/guardians

Whanau are of great importance to children's healing and the programmes success. You will be included in various sessions to support a positive outcome.

To ensure children get the best from the programme we appreciate your commitment in supporting your children to attend the weekly sessions.

Your feedback is valuable so we ask that you please complete an evaluation form upon programme completion.